

Sala Silverman 2010
Sträcktider

l6 2010-08-28 16:59

skapad av [QE2003 Sverige © Stephan Krämer 2008](#)

Pl	Startnr	Namn	Tid			
M Masters 35-39 Herr (1 112930 m)						
				1 (31)	2 (32)	M
1	379	Michael Eriksson IFK Sala	4:30:32	32:55	2:55:39	4:30:32
2	383	Tobias Larsson Vallentuna CK Triathlon	4:36:19	32:55	2:22:44	1:34:53
3	380	Peter Fange IFK Sala	4:38:35	40:39	3:02:02	4:36:19
4	384	Anders Malm Linköpings Triathlonklubb	4:41:58	40:39	2:21:23	1:34:17
5	382	Lars-Erik Hasler Västerås Simsällskap	4:52:40	32:45	2:55:41	4:38:35
6	381	Sebastien Grzelewski Stöcke TS Järnet	4:53:25	32:45	2:22:56	1:42:54
7	385	Carl Norbeck Vallentuna CK Triathlon	4:53:42	34:37	3:01:13	4:41:58
8	378	Björn Axelsson Stockholm City Triathlon	4:54:33	34:37	2:26:36	1:40:45
9	387	Christer Wikmark Stockholm City Triathlon	5:42:09	41:28	3:08:19	4:52:40
	386	Mikael Persson Gävle Triathlon Klubb	ej fullf.	41:28	2:26:51	1:44:21
				33:22	3:06:28	4:53:25
				33:22	2:33:06	1:46:57
				39:10	3:02:43	4:53:42
				39:10	2:23:33	1:50:59
				35:39	3:16:15	4:54:33
				35:39	2:40:36	1:38:18
				38:06	3:21:50	5:42:09
				38:06	2:43:44	2:20:19
				-----	-----	
M Masters 40-44 Herr (1 112930 m)						
				1 (31)	2 (32)	M
1	399	Johan Skärskog Stockholmspolisens IF-Triathlo	4:16:46	33:19	2:46:52	4:16:46
2	396	Markus Kemetter Helsinki Triathlon	4:19:00	33:19	2:13:33	1:29:54
3	416	Johan Stendahl IK Fyris/Triathlon	4:36:26	-----	-----	4:19:00
4	536	Henrik Roström Puppu TS	4:36:40	32:59	2:56:40	4:36:26
5	541	Jonas Brögger Stockholm Multisport	4:50:48	32:59	2:23:41	1:39:46
6	417	Tommy Sundberg Stockholm City Triathlon	4:50:58	32:31	2:56:56	4:36:40
7	451	Andrew Gustavsson IK Noc Out.se	4:57:23	32:31	2:24:25	1:39:44
8	392	Fredrik Graas Qvarnsvedens Triathlonklubb	5:06:05	37:06	3:04:17	4:50:48
9	535	Robert Ljungström Vallentuna CK Triathlon	5:16:21	37:06	2:27:11	1:46:31
10	421	Stefan Åberg Stockholm City Triathlon	5:20:25	33:30	3:08:48	4:50:58
11	393	Stefan Hagman Eskilstuna IK Triathlon	5:28:32	33:30	2:35:18	1:42:10
12	419	Patrik Wendelius Lidingö Triathlon	5:40:50	39:01	3:12:29	4:57:23
	398	Todd Sivertsson Bahrian Roadrunners	ej fullf.	39:01	2:33:28	1:44:54
	394	Stefan Johansson IFK Sala	ej fullf.	34:47	3:06:40	5:06:05
				34:47	2:31:53	1:59:25
				42:10	3:07:35	5:16:21
				42:10	2:25:25	2:08:46
				41:48	3:22:39	5:20:25
				41:48	2:40:51	1:57:46
				39:28	3:20:54	5:28:32
				39:28	2:41:26	2:07:38
				44:42	3:35:52	5:40:50
				44:42	2:51:10	2:04:58
				-----	-----	
M Masters 45-49 Herr (5 112930 m)						
				1 (31)	2 (32)	M
1	424	Per Lundström Västerås Simsällskap	4:24:49	31:09	2:48:20	4:24:49
2	426	Sten Orsvärn Stockholm City Triathlon	4:41:08	31:09	2:17:11	1:36:29
3	423	Carl Lindgren Stockholmspolisens IF-Triathlo	4:52:07	32:58	2:57:13	4:41:08
4	425	Lars Nordin Vallentuna CK Triathlon	5:02:15	32:58	2:24:15	1:43:55
5	422	Matti Kaukonen Kiikalan Urheijat	5:10:26	39:18	3:14:20	4:52:07
				39:18	2:35:02	1:37:47
				39:25	3:13:58	5:02:15
				39:25	2:34:33	1:48:17
				37:45	3:11:07	5:10:26
				37:45	2:33:22	1:59:19
M Masters 50-54 Herr (1 112930 m)						
				1 (31)	2 (32)	M
1	429	Peter Agelii Väsby SS Triathlon	4:27:27	33:54	2:57:27	4:27:27
				33:54	2:23:33	1:30:00
M Masters 55-59 Herr (2 112930 m)						
				1 (31)	2 (32)	M
1	433	Nils Holmström Stockholm City Triathlon	5:20:07	42:03	3:20:12	5:20:07
2	432	Jari Altonen Helsinki Triathlon	5:24:15	42:03	2:38:09	1:59:55
				34:42	3:09:28	5:24:15
				34:42	2:34:46	2:14:47

Senior Herr (28)		112930 m		1 (31)	2 (32)	M
1	512 Pontus Lindberg Stockholm City Triathlon	4:00:32	26:23	2:39:06	4:00:32	
2	515 Olof Norberg Stockholm City Triathlon	4:08:36	31:18	2:48:57	4:08:36	
3	519 Magnus Olander Vallentuna CK Triathlon	4:09:05	33:41	2:45:39	4:09:05	
4	508 Marcus Hultgren Stockholm City Triathlon	4:14:58	30:48	2:45:34	4:14:58	
5	502 Alexander Eiler Stockholmspolisens IF-Triathlo	4:15:22	30:03	2:42:17	4:15:22	
6	524 Nils Svensson Tyresö SS	4:15:57	30:00	2:46:36	4:15:57	
7	507 Kim Harju Tristadi Finland	4:16:51	25:53	2:43:45	4:16:51	
8	513 Jonathan Love Stöcke TS Järnet	4:16:57	29:38	2:46:46	4:16:57	
9	539 Daniel Ahl I 2 IF Karlstad	4:19:31	31:47	2:48:57	4:19:31	
10	504 Rasmus Enlund Västerås Simsällskap	4:23:45	26:08	2:49:06	4:23:45	
11	510 Johan Larsson Stöcke TS Järnet	4:23:49	28:37	2:53:26	4:23:49	
12	516 Mikael Nordström Örebro AIK	4:24:42	30:35	2:51:20	4:24:42	
13	501 Stefan Boremyr Qvarnsvedens Triathlonklubb	4:27:26	36:16	3:01:38	4:27:26	
14	537 Johan Nyqvist Poppu TS	4:30:02	30:44	2:52:01	4:30:02	
15	518 Magnus Nyberg Väsby SS Triathlon	4:31:07	30:17	2:54:52	4:31:07	
16	543 Christoffer Wikman Stockholm City Triathlon	4:32:17	29:34	2:50:38	4:32:17	
17	520 Stefan Rainsson Väsby SS Triathlon	4:32:47	34:52	2:57:51	4:32:47	
18	503 Erland Ekheden Stockholmspolisens IF-Triathlo	4:35:22	29:44	2:50:16	4:35:22	
19	517 Johan Nyberg Väsby SS Triathlon	4:40:01	31:18	2:57:56	4:40:01	
20	538 Pär Bjelkmar Poppu TS	4:43:04	36:22	3:02:20	4:43:04	
21	511 Petter Larsson Stöcke TS Järnet	4:44:45	39:47	3:03:38	4:44:45	
22	506 Felix Hagman Eskilstuna IK Triathlon	4:50:07	35:01	3:03:54	4:50:07	
23	529 Martin Rölin IK Fyris/Triathlon	4:51:11	31:20	3:07:00	4:51:11	
24	505 Gustav Eskhult IK Fyris/Triathlon	4:54:36	38:53	3:10:52	4:54:36	
25	514 Christoffer Melin Qvarnsvedens Triathlonklubb	4:58:04	34:02	3:08:03	4:58:04	
26	525 Nichlas Zakrisson Stockholm City Triathlon	5:11:54	41:46	3:07:53	5:11:54	
	522 Mikael Selvin Örebro AIK	ej fullf.	-----	-----		
	523 Adrian Shields Stockholm City Triathlon	ej fullf.	-----	-----		

M Masters 35-39 Dam (2)		112930 m		1 (31)	2 (32)	M
1	377 Charlotta Norbeck Vallentuna CK Triathlon	5:16:20	-----	-----	5:16:20	
2	376 Angela Gerlitz Väsby SS Triathlon	6:05:30	41:53	3:55:02	6:05:30	
			41:53	3:13:09	2:10:28	

M Masters 40-44 Dam (2)		112930 m		1 (31)	2 (32)	M
1	389 Elisabeth Kvarnström Strängnäs Malmby OL	5:33:07	35:08	3:43:09	5:33:07	
2	388 Anne Juretic Väsby SS Triathlon	6:09:49	42:50	3:50:03	6:09:49	
			42:50	3:07:13	2:19:46	

Senior Dam (9)		112930 m		1 (31)	2 (32)	M
1	534 Charlott Nilsson Västerås Simsällskap	4:47:12	30:01	2:58:27	4:47:12	
2	495 Emma Lindwall Stockholm City Triathlon	4:48:10	33:43	3:03:44	4:48:10	
3	497 Rebecca Nordblom Västerås Simsällskap	4:49:51	29:06	2:58:23	4:49:51	
4	498 Louise Rundqvist Stöcke TS Järnet	4:57:05	35:57	3:07:46	4:57:05	
5	492 Stina Franzon Qvarnsvedens Triathlonklubb	5:00:17	34:27	3:14:07	5:00:17	
6	499 Linda Sernfalk Stockholm City Triathlon	5:09:26	33:21	3:09:16	5:09:26	
7	496 Karin Linarsund Stockholm City Triathlon	5:10:02	37:59	3:08:43	5:10:02	
	491 Louise Andrsson Stockholmspolisens IF-Triathlo	ej fullf.	-----	-----		

493 Maria Gabriels Qvarnsvedens Triathlonklubb		ej fullf.	-----	-----	
M Motion Dam (3) 112930 m			1 (31)	2 (32)	M
1	437 Annika Åström UBSS	5:33:02	33:58	3:42:00	5:33:02
2	435 Camilla Lundberg Stöcke TS Järnet	5:48:19	33:58	3:08:02	1:51:02
3	434 Anneli Ehlerding Stockholmspolisens IF-Triathlo	5:52:41	49:28	3:43:33	5:48:19
			49:28	2:54:05	2:04:46
			39:14	3:36:23	5:52:41
			39:14	2:57:09	2:16:18
M Motion Herr (51) 112930 m			1 (31)	2 (32)	M
1	542 Sofus Kreutzmann Klubblös	4:23:52	29:47	2:48:40	4:23:52
2	477 Klas Sjöström ART	4:35:35	29:47	2:18:53	1:35:12
3	460 Johan Lönnqvist Uppsala	4:41:32	39:10	2:56:17	4:35:35
4	442 Fredrik Bergqvist Heby AIF	4:41:51	39:10	2:17:07	1:39:18
5	527 Johan Täthinen Örebro	4:47:48	35:21	3:03:16	4:41:32
6	478 Per-Johan Skoog Eskilstuna	4:50:47	35:21	2:27:55	1:38:16
7	471 Lennart Pettersson Malungs IF	4:54:17	38:56	3:01:57	4:41:51
8	445 Daniel Edqvist Sollentuna	4:56:53	38:56	2:23:01	1:39:54
9	489 Viktor Winterglöd Stockholm City Triathlon	4:57:30	40:44	3:12:59	4:47:48
10	469 Thomas Olsson Stöcke TS Järnet	4:59:59	40:44	2:32:15	1:34:49
11	465 Joakim Nilsson Säter	5:00:05	36:03	3:06:16	4:50:47
12	462 Henrik Montelin ART	5:02:18	36:03	2:30:13	1:44:31
13	444 Maurice Bryan TVCK	5:03:40	36:32	3:11:58	4:54:17
14	450 Mathias Forsgren Borlänge	5:05:36	36:32	2:35:26	1:42:19
15	485 Peter Tauson Stockholm City Triathlon	5:06:43	45:59	3:20:27	4:56:53
16	455 Hannu Junkaala Helsinki Triathlon	5:06:45	45:59	2:34:28	1:36:26
17	487 Magnus Viking Örebro AIK	5:08:32	38:36	3:16:43	4:57:30
18	540 Henrik Gustavsson IK Noc Out.se	5:10:51	38:36	2:38:07	1:40:47
19	439 Johan Andersson Gävle Triathlon Klubb	5:16:37	33:38	3:07:07	4:59:59
20	473 Mischa Petterson Kungsängen	5:16:59	33:38	2:33:29	1:52:52
21	446 Patrik Fagerström Sala	5:17:05	31:27	3:06:47	5:00:05
22	474 Magnus Reuterwall IFK Sala	5:18:12	31:27	2:35:20	1:53:18
23	482 Nils Lundmark Stöcke TS Järnet	5:18:26	49:09	3:20:50	5:02:18
24	458 Toni Lundin Ringmurens CK	5:19:20	49:09	2:31:41	1:41:28
25	526 Thomas Sjöstedt Hagfors SS	5:20:34	37:11	3:11:10	5:03:40
26	470 Fredrik Pettersson Klubblös	5:21:34	37:11	2:33:59	1:52:30
27	488 Jonas Wincent IFK Sala	5:23:29	36:53	3:22:44	5:05:36
28	480 Christian Ståhlberg Enebybergs IF	5:24:47	36:53	2:45:51	1:42:52
29	449 John Forsell Klubblös	5:28:48	39:24	3:15:59	5:06:43
30	531 Lasse Eklund Hagfors SS	5:32:53	39:24	2:36:35	1:50:44
31	479 Göran Strömstedt Kungsängen	5:35:09	38:47	3:17:52	5:06:45
32	533 Magnus Dahlberg PEAB Fritid	5:35:18	38:47	2:39:05	1:48:53
33	481 Daniel Sund OK Hammaren	5:36:31	37:34	3:22:53	5:08:32
34	532 Petter Vesterlund Fredrikhof	5:37:03	37:34	2:45:19	1:45:39
35	454 Daniel Holm Vittinge IK	5:39:02	45:28	3:22:57	5:10:51
36	466 Fredrik Nohr Södra Dalarnas Räddningstjänst	5:39:04	45:28	2:37:29	1:47:54
37	461 Ola Millnert Millnerts Tri Team	5:41:23	32:08	3:21:52	5:16:37
38	447 Daniel Falk Gävle Triathlon Klubb	5:44:10	32:08	2:49:44	1:54:45
39	457 Anders Larsson Kista	5:46:52	44:19	3:31:30	5:16:59
40	467 Mattias Nyman Sollentuna	5:49:32	44:19	2:47:11	1:45:29
41	440 Johan Arvidsson Vallentuna CK Triathlon	5:52:35	40:21	3:26:12	5:17:05
42	490 Magnus Åberg Bromma	5:53:43	40:21	2:45:51	1:50:53
			44:02	3:32:12	5:18:12
			44:02	2:48:10	1:46:00
			36:30	3:22:09	5:18:26
			36:30	2:45:39	1:56:17
			50:48	3:21:26	5:19:20
			50:48	2:30:38	1:57:54
			40:25	3:32:15	5:20:34
			40:25	2:51:50	1:48:19
			42:40	3:31:46	5:21:34
			42:40	2:49:06	1:49:48
			42:02	3:28:03	5:23:29
			42:02	2:46:01	1:55:26
			52:19	3:32:37	5:24:47
			52:19	2:40:18	1:52:10
			46:15	3:34:47	5:28:48
			46:15	2:48:32	1:54:01
			45:31	3:42:12	5:32:53
			45:31	2:56:41	1:50:41
			42:17	3:35:04	5:35:09
			42:17	2:52:47	2:00:05
			44:36	3:38:54	5:35:18
			44:36	2:54:18	1:56:24
			46:04	3:32:43	5:36:31
			46:04	2:46:39	2:03:48
			46:30	3:38:29	5:37:03
			46:30	2:51:59	1:58:34
			54:45	3:51:39	5:39:02
			54:45	2:56:54	1:47:23
			39:32	3:38:47	5:39:04
			39:32	2:59:15	2:00:17
			42:35	3:36:54	5:41:23
			42:35	2:54:19	2:04:29
			53:15	3:46:57	5:44:10
			53:15	2:53:42	1:57:13
			46:54	3:47:16	5:46:52
			46:54	3:00:22	1:59:36
			39:16	3:18:43	5:49:32
			39:16	2:39:27	2:30:49
			51:32	3:59:10	5:52:35
			51:32	3:07:38	1:53:25
			56:44	4:09:41	5:53:43
			56:44	3:12:57	1:44:02

43	528 Patrik Johansson Ringmuren	5:56:03	43:37	3:42:15	5:56:03
44	530 Johan Cederholm Hagfors SS	5:58:08	43:37	2:58:38	2:13:48
45	438 Kjell Ambertson Klubblös	5:59:05	42:23	3:44:41	5:58:08
46	452 Johan Hallencreutz Västerås	6:03:49	42:23	3:02:18	2:13:27
47	453 Johan Hasselgren Uppsala	6:29:32	52:04	3:40:05	5:59:05
48	456 Jani Juselius Ibis Hotell Hägersten	6:53:43	52:04	2:48:01	2:19:00
	463 Martin Myhrberg Ockelbo SK	ej fullf.	42:28	3:42:40	6:03:49
	486 Henrik Tullborg Enköping CK	ej fullf.	42:28	3:00:12	2:21:09
	544 Leif Sundman Gävle	ej fullf.	49:57	4:07:19	6:29:32
			49:57	3:17:22	2:22:13
			57:15	4:21:40	6:53:43
			57:15	3:24:25	2:32:03

Motion Dam (8) 37650 m

			1 (31)	2 (32)	M
1	8 Catrin Synstad Sollentuna	1:48:46	15:39	1:13:41	1:48:46
2	7 Maria Slokenbergs Sollentuna	1:49:00	15:39	58:02	35:05
3	3 Helena Hemström TVCK	1:51:10	16:21	1:16:34	1:49:00
4	2 Susanna Eriksson Västerås Simsällskap	1:52:13	16:21	1:00:13	32:26
5	4 Karin Larsson Kungsörs SK	1:54:33	17:18	1:13:52	1:51:10
6	1 Helen Ekström-Emnerud Sala	1:59:40	17:18	56:34	37:18
7	9 Catharina Viking Örebro AIK	2:00:51	16:26	1:17:00	1:52:13
8	6 Malin Sernefalk Stockholm City Triathlon	2:05:40	16:26	1:00:34	35:13
			19:10	1:17:46	1:54:33
			19:10	58:36	36:47
			17:19	1:21:17	1:59:40
			17:19	1:03:58	38:23
			15:55	1:19:39	2:00:51
			15:55	1:03:44	41:12
			16:59	1:15:39	2:05:40
			16:59	58:40	50:01

Motion Herr (50) 37650 m

			1 (31)	2 (32)	M
1	11 Kristofer Ahlin IFK Sala	1:31:40	13:40	1:01:54	1:31:40
2	17 Jan Brangefält Västerås Triathlon Klubb	1:32:16	13:40	48:14	29:46
3	63 Márten Bomark Gagnef	1:34:22	10:55	1:01:59	1:32:16
4	40 Tony Larsson Kungsörs SK	1:34:53	10:55	51:04	30:17
5	64 Carl-Erik Enström Järbo	1:35:29	13:27	1:03:30	1:34:22
6	60 Thorsten Schneiker Avesta	1:35:42	13:27	50:03	30:52
7	33 Janne Johnsson ESS LK	1:36:42	15:33	1:05:18	1:34:53
8	55 Alexander Thulin Avesta Research Center IF	1:36:44	15:33	49:45	29:35
9	22 Jan Fernö Rembo IK	1:37:29	15:30	1:02:23	1:35:29
10	15 Tony Bertilsson IFK Sala	1:37:45	15:30	46:53	33:06
11	61 Jan Y Jonsson Avesta	1:37:56	13:24	1:02:01	1:35:42
12	56 Jesper Wedholm Värmdö	1:38:45	13:24	48:37	33:41
13	46 Kenneth Pettersson IFK Sala	1:39:50	16:58	1:06:28	1:36:42
14	65 Patrik Källander Gagnef	1:40:21	16:58	49:30	30:14
15	41 Tobias Lyckman Sala	1:40:54	15:35	1:01:52	1:36:44
16	45 Melker Orsvärn Klubblös	1:41:07	15:35	46:17	34:52
17	58 Benjamin Vikman Uppsala	1:41:31	15:33	1:05:29	1:37:29
18	28 Hampus Horndahl Kalmar Running Club	1:41:39	15:33	49:56	32:00
19	62 Tomas Andersen IK Jordbänningarna	1:43:16	14:13	1:03:39	1:37:45
20	13 Patrik Andersson Västerås	1:43:17	14:13	49:26	34:06
21	23 Kennet Fredriksson IFK Sala	1:44:07	18:27	1:04:26	1:37:56
22	24 Robert Fredriksson Sala	1:44:23	18:27	45:59	33:30
23	35 Martin Komstadius Storvreta	1:44:46	13:09	1:05:26	1:38:45
24	54 Magnus Svensson Enköping	1:45:43	13:09	52:17	33:19
25	51 Roine Sehlin Solna	1:46:03	15:28	1:09:14	1:39:50
26	47 Timo Pitulainen Avesta	1:48:03	15:28	53:46	30:36
27	18 Joacim Bygg Sala	1:48:45	15:35	1:04:33	1:40:21
28	57 Kenneth Wennerstrand Sala SS	1:48:51	15:35	48:58	35:48
29	21 Emil Englund	1:49:23	15:02	1:07:20	1:40:54
			15:02	52:18	33:34
			11:51	1:06:42	1:41:07
			11:51	54:51	34:25
			15:29	1:06:56	1:41:31
			15:29	51:27	34:35
			13:05	1:09:19	1:41:39
			13:05	56:14	32:20
			15:52	1:10:38	1:43:16
			15:52	54:46	32:38
			18:26	1:09:38	1:43:17
			18:26	51:12	33:39
			16:15	1:07:09	1:44:07
			16:15	50:54	36:58
			14:10	1:09:10	1:44:23
			14:10	55:00	35:13
			16:34	1:11:55	1:44:46
			16:34	55:21	32:51
			22:27	1:17:16	1:45:43
			22:27	54:49	28:27
			16:53	1:11:32	1:46:03
			16:53	54:39	34:31
			14:47	1:14:40	1:48:03
			14:47	59:53	33:23
			15:24	1:13:08	1:48:45
			15:24	57:44	35:37
			15:25	1:09:47	1:48:51
			15:25	54:22	39:04
			16:17	1:17:13	1:49:23

	Sala		16:17	1:00:56	32:10
30	25 Anders Görän	1:49:37	17:01	1:10:28	1:49:37
	Västerås Simsällskap		17:01	53:27	39:09
31	44 Linus Nordström	1:51:09	17:44	1:18:57	1:51:09
	Sala		17:44	1:01:13	32:12
32	39 Johan Lans	1:51:20	17:05	1:10:14	1:51:20
	IFK Sala		17:05	53:09	41:06
33	53 Jonas Stridsberg	1:52:08	-----	1:10:23	1:52:08
	Persdals IF			1:10:23	41:45
34	49 Andreas Rundblad	1:52:20	17:55	1:16:31	1:52:20
	Sala		17:55	58:36	35:49
35	48 Håkan Reuterwall	1:53:23	18:05	1:16:58	1:53:23
	IFK Sala		18:05	58:53	36:25
36	50 Laurent Schonbach	1:53:42	15:53	1:11:13	1:53:42
	Sala		15:53	55:20	42:29
37	10 Magnus Ahl	1:55:17	18:22	1:15:16	1:55:17
	Klubblös		18:22	56:54	40:01
38	36 Janne Koskinen	1:55:25	23:01	1:20:14	1:55:25
	Västerås		23:01	57:13	35:11
39	12 Arne Amundsen	1:56:58	20:19	1:23:15	1:56:58
	Sala FF		20:19	1:02:56	33:43
40	19 Mikael Carstensen	1:57:44	22:54	1:21:15	1:57:44
	IFK Sala		22:54	58:21	36:29
41	32 Per Johansson	2:02:49	19:22	1:16:21	2:02:49
	Enköping		19:22	56:59	46:28
42	27 Magnus Hellstrand	2:03:44	21:12	1:22:30	2:03:44
	Sala		21:12	1:01:18	41:14
43	43 Leonard Munz	2:04:17	18:55	1:26:04	2:04:17
	Danderyd		18:55	1:07:09	38:13
44	29 Anders Jansson	2:04:33	22:03	1:23:38	2:04:33
	IFK Sala		22:03	1:01:35	40:55
45	38 Håkan Kärn Sund	2:04:52	21:01	1:25:58	2:04:52
	Sala		21:01	1:04:57	38:54
46	31 Ove Johansson	2:05:43	22:55	1:24:33	2:05:43
	Kungsörs SK		22:55	1:01:38	41:10
47	59 Kalle Björkvall	2:08:35	18:53	1:21:03	2:08:35
	Björkvalls Bygg		18:53	1:02:10	47:32
48	67 Roger Nilsson	2:17:54	22:51	1:33:46	2:17:54
	Sala		22:51	1:10:55	44:08
49	66 Mikael Pettersson	3:39:56	2:14:03	3:08:25	3:39:56
	Klubblös		2:14:03	54:22	31:31
50	545 Anders Skönborg	4:49:41	10:59:44	2:30:13	4:49:41
	Vallentuna		10:59:44		2:19:28

Staffett Lag (23) 37650 m

			1 (31)	2 (32)	M
1	115 Lag P.A.P	1:19:03	10:29	51:35	1:19:03
	Stafett		10:29	41:06	27:28
2	119 Team Highspeed	1:22:40	9:41	54:33	1:22:40
	Stafett		9:41	44:52	28:07
3	116 Lag Salaligan	1:26:09	8:50	57:22	1:26:09
	Stafett		8:50	48:32	28:47
4	108 Lag Skog-Lund	1:33:42	15:44	1:03:50	1:33:42
	Stafett		15:44	48:06	29:52
5	111 Lag Makarna	1:34:15	11:31	1:02:09	1:34:15
	Stafett		11:31	50:38	32:06
6	109 Lag Lergropsindianerna	1:36:38	14:26	1:04:53	1:36:38
	Stafett		14:26	50:27	31:45
7	103 Lag Erikshjälpen	1:37:21	10:59	1:03:35	1:37:21
	Stafett		10:59	52:36	33:46
8	102 Lag D.L.K	1:39:09	12:42	1:03:47	1:39:09
	Stafett		12:42	51:05	35:22
9	121 Team Skinnarbo	1:39:58	11:55	1:05:08	1:39:58
	Stafett		11:55	53:13	34:50
10	124 Lag Sala Qvalitetsbygg	1:40:09	16:21	1:10:07	1:40:09
	Stafett		16:21	53:46	30:02
11	106 Lag I bästa laget	1:40:28	14:15	1:04:51	1:40:28
	Stafett		14:15	50:36	35:37
12	118 Team Allan Eriksson Mark AB	1:40:51	15:39	1:09:12	1:40:51
	Stafett		15:39	53:33	31:39
13	105 Lag Holmbergs Bygg	1:41:23	14:31	1:04:55	1:41:23
	Stafett		14:31	50:24	36:28
14	125 Lag Goddarbo Bästa	1:42:16	15:28	1:13:12	1:42:16
	Stafett		15:28	57:44	29:04
15	120 Team Ohlsson	1:44:17	15:46	1:12:03	1:44:17
	Stafett		15:46	56:17	32:14
16	122 Lag Vi som jagar Roger	1:47:46	18:02	1:16:36	1:47:46
	Stafett		18:02	58:34	31:10
17	101 Lag Glada motionärer	1:49:27	15:10	1:09:17	1:49:27
	Stafett		15:10	54:07	40:10
18	113 Lag MSLB	1:50:05	13:01	1:12:22	1:50:05
	Stafett		13:01	59:21	37:43
19	112 Lag Mimmis gäng	1:53:32	13:54	1:15:36	1:53:32
	Stafett		13:54	1:01:42	37:56
20	104 Lag Familjen Larsson	1:55:08	21:08	1:22:34	1:55:08
	Stafett		21:08	1:01:26	32:34
21	123 Lag väntapåmig	1:56:02	-----	-----	1:56:02
	Stafett				1:56:02
22	110 Lag MAK:orna	1:59:09	11:34	1:11:21	1:59:09
	Stafett		11:34	59:47	47:48
23	107 Lag Karbenningbrudarna	2:18:16	20:29	1:39:18	2:18:16
	Stafett		20:29	1:18:49	38:58