

## Herrar/Pojkar Motion

Plats	St.nr	Deltagare	Sim	T1	Cykel	T2	Löp	Total
1	176	Felldin, Markus	0:32:43	0:02:10	2:27:21	0:00:57	1:35:59	4:39:08
2	285	Vesterlund, Magnus	0:29:31	0:01:56	2:30:13	0:00:56	1:37:44	4:40:19
3	173	Eriksson, Robert	0:35:26	0:02:55	2:29:41	0:01:40	1:30:50	4:40:30
4	243	Offerman, Björn	0:33:07	0:02:20	2:33:13	0:01:01	1:33:52	4:43:31
5	255	Redebo, Rickard	0:33:50	0:02:45	2:36:40	0:01:34	1:32:06	4:46:53
6	248	Palmkvist, Tobias	0:32:40	0:01:39	2:30:48	0:02:00	1:39:59	4:47:03
7	290	Zätterman, Tobias	0:31:56	0:01:21	2:32:47	0:01:07	1:42:05	4:49:15
8	232	Lång, Anders	0:32:48	0:01:15	2:33:32	0:01:41	1:41:48	4:51:03
9	191	Hedberg, Daniel	0:35:34	0:01:38	2:29:00	0:01:29	1:43:49	4:51:29
10	224	Linder, Magnus	0:32:33	0:02:26	2:33:56	0:01:01	1:42:46	4:52:40
11	187	Hall, Charlie	0:33:26	0:02:23	2:35:00	0:01:39	1:40:23	4:52:49
12	261	Schönberg, Tommy	0:31:46	0:02:23	2:37:08	0:02:27	1:39:13	4:52:55
13	175	Erikstam, Ulrik	0:35:13	0:01:29	2:38:12	0:01:20	1:40:05	4:56:18
14	252	Pettersson, Kenneth	0:36:26	0:01:43	2:40:42	0:01:05	1:36:27	4:56:21
15	210	Kindevåg, Marcus	0:37:24	0:02:25	2:36:16	0:01:26	1:39:07	4:56:36
16	165	Dannestig, Johan	0:38:20	0:03:08	2:32:42	0:02:15	1:41:46	4:58:09
17	272	Swärd, Anders	0:40:29	0:03:09	2:44:41	0:01:40	1:28:45	4:58:42
18	192	Helmestam, Staffan	0:36:37	0:02:15	2:38:22	0:01:11	1:41:25	4:59:48
19	291	Åkerlund, Jarl	0:34:59	0:01:39	2:35:04	0:02:00	1:46:22	5:00:02
20	238	Nordén, Björn	0:31:23	0:05:00	2:38:07	0:02:40	1:43:56	5:01:04
21	211	Kinnunen, Peeter	0:36:44	0:01:57	2:45:47	0:01:24	1:37:34	5:03:24
22	169	Englund, Johnny	0:35:39	0:02:04	2:28:34	0:01:47	1:55:25	5:03:26
23	245	Olofsson, Lars	0:35:07	0:02:38	2:46:48	0:01:52	1:38:16	5:04:38
24	155	Andersson, Johan	0:29:53	0:03:01	2:39:28	0:02:14	1:50:36	5:05:09
25	161	Bohlin, Andreas	0:37:29	0:03:04	2:40:22	0:02:10	1:43:25	5:06:27
26	15	Söderlund, Jan-magnus	0:35:32	0:02:22	2:53:24	0:02:25	1:34:19	5:08:00
27	174	Eriksson, Sebastian	0:37:58	0:02:46	2:39:03	0:01:29	1:46:48	5:08:01
28	400	Ulf, Anders	0:36:06	0:02:09	2:39:15	0:01:15	1:50:58	5:09:42
29	264	Skjelnes, Roy	0:38:46	0:03:22	2:33:36	0:02:00	1:52:30	5:10:12
30	152	Almérius, Mattias	0:33:55	0:02:39	2:36:57	0:02:32	1:54:16	5:10:17
31	177	Forsberg, Erik	0:32:55	0:03:03	2:42:54	0:01:33	1:50:41	5:11:05
32	281	Törnkvist-lindén, Daniel	0:35:19	0:02:02	2:42:23	0:01:24	1:50:28	5:11:35
33	162	Boss, Per	0:38:50	0:02:51	2:39:05	0:01:28	1:49:33	5:11:46
34	223	Liljefors, Mattias	0:35:36	0:01:44	2:43:08	0:02:57	1:48:58	5:12:21
35	246	Ortsäter, Henrik	0:47:28	0:03:00	2:41:05	0:02:01	1:40:09	5:13:40
36	215	Laigar, Fredrik	0:40:16	0:02:22	2:46:28	0:01:54	1:42:58	5:13:57
37	269	Superti, Christian	0:36:27	0:02:18	2:47:01	0:01:09	1:47:45	5:14:39
38	284	Watter, Thomas	0:37:29	0:01:46	2:39:56	0:01:52	1:53:45	5:14:46
39	171	Eriksson, Jonathan	0:40:42	0:02:44	2:45:13	0:02:17	1:43:52	5:14:47
40	280	Tramontana, Nikola	0:30:39	0:01:49	2:40:45	0:02:12	2:00:04	5:15:29
41	297	Carlsson, Tomas	0:43:40	0:03:53	2:25:45	0:02:15	2:00:52	5:16:22
42	153	Ambumsgård, Rikard	0:34:07	0:03:03	2:38:39	0:01:34	1:59:27	5:16:49
43	64	Swärd, Stefan	0:36:43	0:04:32	2:40:11	0:03:03	1:57:21	5:21:48
44	207	Jonsson, Jan Y	0:42:39	0:04:29	2:30:36	0:02:42	2:02:01	5:22:26
45	154	Andersson, Henrik	0:37:19	0:02:11	2:32:44	0:02:11	2:08:43	5:23:06
46	230	Lovidius, Kenneth	0:45:15	0:02:09	2:49:32	0:02:00	1:44:30	5:23:24

## Herrar/Pojkar Motion

Plats	St.nr	Deltagare	Sim	T1	Cykel	T2	Löp	Total
47	158	Andersson, Simon	0:45:44	0:01:50	2:45:02	0:01:32	1:49:34	5:23:41
48	181	Gellin, Jonas	0:35:46	0:02:09	2:48:38	0:02:09	1:55:08	5:23:48
49	193	Hjerpe, Richard	0:36:13	0:01:36	2:53:25	0:01:44	1:50:53	5:23:48
50	274	Söderqvist, Otto	0:34:57	0:02:48	2:43:57	0:02:41	2:00:02	5:24:23
51	227	Lindskog, Jonas	0:39:15	0:02:50	2:39:03	0:01:25	2:02:23	5:24:54
52	276	Tell, Johan	0:39:41	0:02:23	2:42:12	0:02:23	1:58:21	5:24:58
53	262	Silversten, Mats	0:32:17	0:01:50	2:44:52	0:01:29	2:04:43	5:25:10
54	278	Thulin, Alexander	0:40:20	0:03:13	2:32:27	0:02:08	2:07:16	5:25:22
55	164	Danielson, Henrik	0:33:23	0:03:20	2:51:55	0:02:16	1:54:31	5:25:24
56	240	Nork, Per	0:38:37	0:03:37	2:50:35	0:01:49	1:51:45	5:26:20
57	267	Stjernman, Tobias	0:46:17	0:04:39	2:40:19	0:02:43	1:52:27	5:26:24
58	258	Ringvall, Andreas	0:42:44	0:01:42	2:31:52	0:01:58	2:08:33	5:26:46
59	217	Larsson, Göran	0:36:05	0:03:13	2:55:33	0:01:36	1:50:32	5:26:57
60	219	Lemon, Howard	0:32:55	0:01:53	2:56:58	0:02:03	1:54:44	5:28:31
61	185	Haglund, Robert	0:39:27	0:03:14	2:49:48	0:01:03	1:55:49	5:29:19
62	184	Hagberg, Stefan	0:44:02	0:03:28	2:51:49	0:01:27	1:48:44	5:29:28
63	287	Wimnell, Björn	0:45:38	0:05:02	2:58:15	0:04:22	1:36:18	5:29:32
64	251	Pettersson, Fredrik	0:38:04	0:03:15	2:48:57	0:02:12	1:57:33	5:30:00
65	182	Grinneby, Erik	0:37:22	0:02:31	2:45:12	0:01:43	2:03:32	5:30:18
66	167	Edsparr, Henrik	0:33:27	0:03:57	2:46:15	0:02:03	2:05:19	5:30:59
67	206	Johansson, Torbjörn	0:40:37	0:03:49	2:49:03	0:02:20	1:55:51	5:31:38
68	294	Önnmark, Thomas	0:37:09	0:02:21	2:42:33	0:01:45	2:08:29	5:32:15
69	271	Svensson, Daniel	0:39:58	0:03:37	3:00:08	0:01:58	1:47:07	5:32:47
70	166	Edholm, Henrik	0:36:45	0:02:02	2:51:07	0:02:03	2:02:25	5:34:20
71	204	Jensen, Jonas	0:37:31	0:02:44	2:49:01	0:01:27	2:03:51	5:34:34
72	236	Nilsson, Jonas	0:34:27	0:01:49	2:38:57	0:01:45	2:19:16	5:36:12
73	293	Åström, Simon	0:42:22	0:02:27	2:55:18	0:01:45	1:54:22	5:36:12
74	299	Ström, Fredrik	0:39:14	0:02:16	2:44:35	0:01:35	2:09:02	5:36:39
75	203	Jarting, Daniel	0:34:40	0:02:57	2:49:30	0:02:01	2:09:54	5:39:01
76	235	Molander, Håkan	0:41:41	0:03:02	2:55:28	0:01:24	1:57:46	5:39:19
77	296	Ljungström, Christian	0:36:40	0:01:50	2:43:08	0:02:03	2:16:26	5:40:06
78	225	Lindqvist, Mattias	0:35:05	0:03:33	2:57:56	0:03:12	2:00:48	5:40:31
79	195	Hoffsten, Kristoffer	0:46:54	0:02:35	2:58:37	0:00:57	1:51:41	5:40:43
80	205	Johansson, Mikael	0:41:43	0:03:23	2:55:37	0:01:36	1:58:31	5:40:47
81	289	Zakariasson, Ola	0:37:10	0:03:27	2:50:44	0:02:55	2:07:34	5:41:48
82	249	Pelli, Anders	0:39:06	0:03:07	2:41:21	0:02:41	2:16:08	5:42:21
83	226	Lindskog, Fredrik	0:39:38	0:02:06	2:32:40	0:01:47	2:27:42	5:43:50
84	277	Thor, Robert	0:37:26	0:02:12	2:52:12	0:02:15	2:10:26	5:44:28
85	194	Hjerpe, Robert	0:35:52	0:02:00	2:58:16	0:01:03	2:08:37	5:45:46
86	180	Friberg, Carl	0:40:11				2:13:50	5:48:13
87	247	Palmkvist, Joakim	0:37:03	0:02:47	3:04:56	0:01:05	2:03:58	5:49:46
88	172	Eriksson, Mattias	0:35:37	0:03:34	2:41:29	0:02:08	2:27:05	5:49:52
89	229	Loshak, Mike	0:36:58	0:03:54	2:57:50	0:03:16	2:11:06	5:53:02
90	275	Söderqvist, Per-anders	0:42:56	0:02:31	2:53:58	0:01:39	2:12:22	5:53:25
91	259	Rydbrand, Robert	0:45:21	0:02:01	2:57:54	0:02:12	2:06:28	5:53:53
92	237	Nilsson, Oliver	0:37:37	0:04:51	2:58:38	0:02:05	2:11:19	5:54:29

## Herrar/Pojkar Motion

Plats	St.nr	Deltagare	Sim	T1	Cykel	T2	Löp	Total
93	156	Andersson, Jörgen	0:39:16	0:02:46	2:52:44	0:01:49	2:18:43	5:55:17
94	265	Soveri, Tommi	0:44:53	0:08:52	3:11:05	0:05:03	1:45:44	5:55:35
95	157	Andersson, Magnus	0:50:02	0:03:10	2:47:25	0:03:32	2:12:06	5:56:14
96	201	Jansson, Anders	0:48:52	0:02:59	3:07:33	0:02:44	1:55:03	5:57:09
97	208	Jonsson, Per	0:37:29	0:03:52	3:08:06	0:04:07	2:06:31	6:00:03
98	234	Mattsson, Jan-erik	0:42:57	0:10:00	3:07:44	0:06:06	1:53:35	6:00:20
99	260	Schieche, Jan	0:40:41	0:03:12	2:54:56	0:02:25	2:20:05	6:01:17
100	213	Lagrange, Andre	0:45:41	0:03:36	3:01:53	0:02:48	2:08:02	6:01:57
101	151	Algander, Johan	0:37:28	0:04:12	3:05:38	0:03:06	2:15:11	6:05:32
102	188	Hallencreutz, Johan	0:36:04	0:03:59	2:56:52	0:03:03	2:28:18	6:08:15
103	57	Johansson, Lennart	0:41:32	0:04:46	3:10:12	0:03:32	2:11:03	6:11:04
104	241	Norman, Per	0:38:18	0:06:11	2:45:37	0:02:04	2:42:42	6:14:50
105	268	Stridsberg, Jonas	0:45:45	0:03:47	2:48:13	0:02:35	2:36:45	6:17:02
106	250	Herrera, Pepe	0:40:33	0:04:37	2:59:59	0:02:33	2:31:40	6:19:20
107	202	Jansson, Håkan	0:28:52	0:03:34	3:10:53	0:02:42	2:36:38	6:22:37
108	209	Juselius, Jani	0:44:03	0:04:19	3:08:49	0:02:45	2:22:44	6:22:38
109	190	Hasselgren, Johan	0:50:21	0:06:16	2:59:21	0:06:26	2:21:06	6:23:29
110	228	Ljungqvist, Anders	0:52:15	0:10:30	3:13:01	0:09:02	2:00:19	6:25:06
111	254	Piitulainen, Timo	0:40:22	0:03:40	3:14:42	0:03:21	2:30:52	6:32:55
112	282	Törnqvist, Benny	0:49:22	0:04:21	3:09:40	0:02:53	2:29:15	6:35:30
113	244	Olin, Anders	0:48:45	0:04:42	3:03:28	0:03:31	2:35:19	6:35:44
114	200	Islevik, Daniel	0:40:57	0:04:32	3:24:12	0:02:58	2:25:08	6:37:45
115	214	Lagström, Otto	0:48:19	0:09:10	3:11:36	0:08:12	2:26:08	6:43:24
116	256	Rettig, Urban	0:40:05	0:03:35	3:31:51	0:05:07	2:24:25	6:45:00
117	273	Söderqvist, Karl-henrik	0:45:37	0:06:29	3:26:24	0:06:07	2:57:36	7:22:11

## Damer/Flickor Motion

Plats	St.nr	Deltagare	Sim	T1	Cykel	T2	Löp	Total
1	139	Lindskog, Eva	0:38:33	0:01:41	2:35:09	0:01:31	1:42:46	4:59:39
2	132	Göransson, Kristin	0:40:06	0:02:14	2:58:44	0:01:26	1:54:32	5:37:01
3	146	Tengstrand, Lena	0:38:08	0:02:31	2:45:51	0:02:02	2:09:16	5:37:45
4	121	Kruth, Elisabeth	0:39:57	0:01:54	3:06:02	0:02:07	1:49:08	5:39:06
5	145	Skånstad, Cecilia	0:39:35	0:05:00	3:00:40	0:03:07	1:51:01	5:39:21
6	138	Jönsson, Åsa	0:38:43	0:01:57	3:02:29	0:01:57	2:06:34	5:51:38
7	126	Connysson, Sara	0:50:59	0:04:05	2:57:43	0:03:34	1:57:47	5:54:07
8	133	Hagman, Anette	0:40:30	0:03:29	3:09:29	0:02:00	2:04:00	5:59:25
9	149	Trostén, Tina	0:41:11	0:03:51	3:09:16	0:02:00	2:03:49	6:00:06
10	142	Råsbo, Johanna	0:34:57	0:03:43	3:00:24	0:04:04	2:17:25	6:00:32
11	127	Ekerheim, Elin	0:53:05	0:03:02	3:01:34	0:01:26	2:11:17	6:10:23
12	131	Grip, Jenny	0:53:04	0:03:00	3:01:38	0:01:26	2:11:17	6:10:23
13	141	Rettig, Camilla	0:43:03	0:03:34	3:10:39	0:02:11	2:17:24	6:16:50
14	125	Brolin, Eva	0:41:50	0:05:29	3:19:29	0:04:23	2:23:35	6:34:44
15	130	Fiorillo, Anna	0:39:56	0:02:55	3:23:59	0:07:17	2:26:07	6:40:13
16	135	Henriksson, Ellen	0:47:14	0:06:06	3:36:37	0:04:22	2:25:16	6:59:34
17	123	Arleij, Hellen	0:56:15	0:03:54	3:24:28	0:08:17	2:56:30	7:29:22