

Sala Silverman - Medeldistans 2018-08-25

157 deltog

 Tillbaka

Plac	Efternamn	Förnamn	Klubb	Startnr	Sim	T1	Cykel	T2	Löp	Totalt	Anm
Damer Medeldistans Masters 35-39											
1	Genneby	Elin	IFK Sala	102	0:34:55	0:01:50	2:28:10	0:01:26	1:42:36	4:48:55	
999	Stenvall	Brita	IF Mantra Sport	101	0:36:17	0:01:25					DNF
Damer Medeldistans Masters 40-44											
1	Tufvander	Ann	Stockholm City Triathlon	108	0:28:25	0:01:14	2:37:15	0:01:04	1:41:23	4:49:19	
2	Winell	Carin	IK NocOut.se	283	0:39:31	0:01:38	2:23:46	0:02:25	1:51:09	4:58:27	
3	Maclean-Bergqvist	Emma	IFK Sala	105	0:31:56	0:02:00	2:45:00	0:01:12	1:51:28	5:11:34	
4	Holmsten	Johanna	Norra Stockholm Endurance	106	0:34:47	0:04:11	2:55:57	0:05:23	2:10:26	5:50:43	
5	Åkerblom	Louise	Norra Stockholm Endurance	107	0:50:08	0:02:30	2:48:28	0:03:28	2:10:08	5:54:39	
Damer Medeldistans Masters 45-49											
1	Eliasson	Jenny	Västerås Cykelklubb	113	0:33:37	0:01:35	2:21:51	0:01:44	2:00:57	4:59:42	
2	Forsgren	Anna	IFK Sala	110	0:41:41	0:03:56	2:42:47	0:04:10	1:52:43	5:25:16	
3	Rördam	Charlotte	Norra Stockholm Endurance	112	0:41:53	0:02:27	2:50:43	0:02:25	2:02:46	5:40:13	
999	Dörlich	Susanna	Norra Stockholm Endurance	111	0:39:35	0:01:52	2:11:06				DNF
Damer Medeldistans Masters 50-54											
1	Malmerfelt	Anna	Åkersberga Triathlonförening	117	0:41:28	0:02:20	2:49:26	0:01:13	2:07:59	5:42:24	
2	Rettig	Camilla	Stockholmpolisens IF Triathlon	115	0:41:02	0:02:45	3:01:13	0:01:33	2:13:43	6:00:14	
999	Grundin	Lena	Team Snabbare IF	116							DNF
Damer Medeldistans Motion											
1	Landen	Camilla	Knowit	124	0:32:18	0:01:03	2:35:31	0:01:11	1:41:39	4:51:39	
2	Westlund	Anna	Enebyberg	118	0:40:19	0:03:57	2:41:40	0:02:05	1:33:51	5:01:50	
3	Elnell	Ulrika	Qwarnsveden Triathlon	122	0:34:18	0:02:09	2:40:32	0:02:02	1:53:41	5:12:40	
4	Öhgren	Elin	Spånga	127	0:35:33	0:02:40	2:47:04	0:01:56	1:47:16	5:14:27	
5	Elmgren	Pernilla	Eskilstuna IK Triathlon	119	0:37:04	0:03:02	2:54:21	0:02:11	1:41:02	5:17:37	
6	Sandberg	Lisa		135	0:35:44	0:02:32	2:46:43	0:01:40	1:59:56	5:26:33	
7	Grant	Malin	IK Fyris Triathlon	286	0:39:52	0:02:57	2:52:42	0:02:19	1:55:24	5:33:11	
8	Sennström	Anki	Åkersberga	132	0:44:20	0:05:34	3:05:51	0:02:11	1:46:37	5:44:31	
9	Bohman	Kristina	Luleå Triathlon	125	0:46:24	0:03:34	3:00:03	0:02:04	2:09:47	6:01:49	
10	Beck Lidén	Claudia	Hudik Triathlon Klubb	120	0:38:53	0:02:38	3:06:13	0:01:49	2:21:54	6:11:25	
11	Siggelin	Anna		136	0:38:40	0:03:47	3:00:35	0:02:21	2:26:17	6:11:37	
12	Alatalo	Sofia	Knowit	121	0:50:48	0:02:19	3:06:24	0:02:29	2:12:16	6:14:15	
13	Haddleton	Eva	Åkersberga Triathlonförening	133	0:43:46	0:06:14	3:08:39	0:03:59	2:13:19	6:15:55	
14	Thorell	Marie		137	0:45:43	0:03:14	3:14:15	0:03:25	2:19:46	6:26:20	
15	Brundin	Elin	Knowit	123	0:47:23	0:03:08	3:18:11	0:02:08	2:20:18	6:31:06	
Damer Medeldistans Senior											
1	Göransson	Kristin	AXA Sports Club	138	0:37:52	0:01:26	2:54:47	0:01:08	2:02:12	5:37:24	
Herrar Medeldistans Masters 35-39											
1	Bygg	Joacim	IFK Sala	142	0:28:39	0:01:17	2:15:38	0:00:59	1:32:00	4:18:30	
2	Palmkvist	Tobias	IK NocOut.se	143	0:30:56	0:01:04	2:15:42	0:00:52	1:42:58	4:31:31	
3	Olsson	Johan	AXA Sports Club	139	0:29:23	0:00:57	2:20:32	0:00:52	1:48:00	4:39:41	
4	Dahlén	John	Hudik Triathlon Klubb	141	0:41:22	0:01:58	2:36:31	0:05:16	1:50:45	5:15:51	
5	Andersson	Per	Stockholm City Triathlon	145	0:34:39	0:02:08	2:38:59	0:01:23	2:09:10	5:26:17	
Herrar Medeldistans Masters 40-44											
1	Björling	Clas	Dalregementets IF	410	0:26:46	0:00:48	2:17:07	0:00:42	1:23:12	4:08:33	
2	Thalén	Patrik	IFK Sala	148	0:35:19	0:01:46	2:07:36	0:02:08	1:40:25	4:27:12	
3	Superti	Christian	IK Fyris/Triathlon	149	0:34:25	0:01:15	2:29:18	0:00:46	1:39:14	4:44:56	
4	Ödgren	Rickard	IK Fyris/Triathlon	150	0:33:43	0:02:21	2:20:41	0:01:11	1:47:44	4:45:38	
5	Koivuperä	Janne	Umara Sports Club	152	0:30:54	0:01:19	2:37:05	0:01:12	1:44:09	4:54:37	
6	Wilander	Nils	IF Mantra Sport	147	0:38:22	0:02:22	2:39:28	0:01:34	1:38:04	4:59:48	
7	Holmsten	Niklas	Norra Stockholm Endurance	151	0:34:24	0:02:51	2:42:16	0:02:14	2:02:56	5:24:39	
Herrar Medeldistans Masters 45-49											
1	Kreutzmann	Sofus	Lidingö Triathlon	156	0:25:42	0:01:49	2:18:22	0:00:58	1:31:09	4:17:57	
2	Ahlin	Kristoffer	IFK Sala	154	0:34:33	0:01:57	2:16:43	0:00:56	1:29:26	4:23:33	
3	Andersson	Magnus	Nacka	220	0:31:09	0:01:34	2:21:35	0:01:12	1:36:18	4:31:47	
4	Lång	Anders	Västerås Simsällskap	162	0:28:38	0:01:13	2:28:22	0:00:57	1:37:05	4:36:14	
5	Folkesson	Mattias	Örebro AIK	280	0:30:38	0:01:18	2:27:39	0:01:32	1:45:21	4:46:26	
6	Pamin	Tomas	Lödde Tri	157	0:30:34	0:02:39	2:26:23	0:02:15	1:55:10	4:57:00	
7	Bannon	Dean	Bromma Simsällskap	153	0:35:13	0:02:03	2:38:12	0:01:06	1:49:56	5:06:28	
8	Bercsenyi	Gyula	Stockholm City Triathlon	159	0:33:17	0:03:50	2:25:26	0:02:14	2:06:11	5:10:56	
9	Söderberg	Jon	IFK Sala	155	0:32:39	0:01:49	2:30:13	0:01:39	2:13:54	5:20:12	
10	Herrera	José	Stockholm City Triathlon	160	0:34:01	0:02:10	2:48:28	0:03:47	2:14:13	5:42:38	
Herrar Medeldistans Masters 50-54											
1	Ulf	Anders	Eskilstuna IK Triathlon	163	0:30:28	0:01:20	2:19:02	0:01:02	1:40:31	4:32:21	
2	Rindegren	Håkan	IK NocOut.se	164	0:34:30	0:02:03	2:23:17	0:01:03	1:47:49	4:48:39	

3	Lindgren	Carl	Stockholmspolisens IF Triathlon	166	0:34:44	0:02:02	2:29:03	0:01:00	1:48:44	4:55:31
4	Hällgren	Krister	Tyresö SS	173	0:34:16	0:01:58	2:39:32	0:01:26	1:41:52	4:59:03
5	Klintemar	Mattias	Stockholm City Triathlon	165	0:37:13	0:03:17	2:44:45	0:02:22	1:48:00	5:15:36
Herrar Medeldistans Masters 55-59										
1	Lundström	Per	Västerås Simsällskap	169	0:29:51	0:01:44	2:18:25	0:01:49	1:43:42	4:35:30
2	Malmerfelt	Joakim	Åkersberga Triathlonförening	171	0:33:20	0:01:14	2:32:28	0:01:55	1:38:46	4:47:42
3	Vikner	Per	Västerås Simsällskap	170	0:29:48	0:01:26	2:26:48	0:02:00	1:50:11	4:50:13
4	Moen	Nils	Mälare SOK	167	0:37:37	0:04:12	2:46:14	0:02:40	2:00:38	5:31:19
Herrar Medeldistans Masters 60-64										
1	Axlund	Lars-Åke	Hudik Triathlon Klubb	172	0:34:26	0:01:40	2:35:14	0:01:11	1:59:51	5:12:21
Herrar Medeldistans Masters 65-69										
1	Gunnarsson	Ulf	Dalregementets IF	174	0:38:52	0:01:56	2:44:54	0:02:08	2:29:14	5:57:03
Herrar Medeldistans Motion										
1	Mellgren	Oskar	IF Mantra Sport	192	0:31:02	0:01:12	2:17:16	0:01:15	1:32:51	4:23:35
2	Zidén	Kalle	Qwarnsveden Triathlon	128	0:25:35	0:00:51	2:27:10	0:00:47	1:33:34	4:27:55
3	Bodin	Per	IF Mantra Sport	191	0:30:32	0:01:22	2:26:13	0:01:51	1:33:48	4:33:45
4	Hedgecock	Dominic	Fredrikshof IF CK	186	0:28:55	0:02:19	2:16:12	0:01:55	1:48:04	4:37:24
5	Reedijk	Marnix		265	0:32:02	0:02:45	2:19:31	0:01:23	1:42:39	4:38:19
6	Dufwenberg	Jonas	Coor Sports Club	180	0:30:33	0:02:44	2:24:21	0:01:39	1:41:34	4:40:49
7	Ankerstål	Tom	Tallåsen	278	0:43:00	0:03:31	2:26:38	0:02:21	1:28:02	4:43:30
8	Sundin	Anton	Strängnäs CK	281	0:34:19	0:02:00	2:29:25	0:01:21	1:36:57	4:44:01
9	Bengtsson	Jörgen	IK Fyris/Triathlon	198	0:31:56	0:01:41	2:26:42	0:01:17	1:43:49	4:45:23
10	Hellman	Anders	Knowit	206	0:35:45	0:02:41	2:21:26	0:01:10	1:45:36	4:46:35
11	Erikstam	Ulrik	Södertälje	237	0:31:26	0:01:28	2:29:16	0:00:50	1:48:59	4:51:57
12	Nordin	Anders	Oslo Politis Idrettslag	227	0:33:19	0:01:38	2:40:46	0:01:17	1:36:31	4:53:28
13	Börjesson	Joakim	Örebro	251	0:29:54	0:01:08	2:27:54	0:01:14	1:54:30	4:54:39
14	Stavbom	Tomas	IK Fyris/Triathlon	202	0:35:18	0:01:42	2:31:53	0:00:51	1:46:27	4:56:09
15	Jarting	Daniel		257	0:31:39	0:02:40	2:30:42	0:01:52	1:49:39	4:56:31
16	Nygårds	Thomas	Knowit	211	0:34:51	0:01:43	2:47:28	0:01:05	1:32:13	4:57:18
17	Lennell	Adam	Söderfors	236	0:37:49	0:02:22	2:32:26	0:01:26	1:43:47	4:57:48
18	Bodin	Carl	IK Fyris/Triathlon	199	0:31:57	0:01:44	2:42:45	0:01:22	1:42:01	4:59:48
19	Mellbin	John	IFK Sala	195	0:35:45	0:02:42	2:24:59	0:02:07	1:56:50	5:02:20
20	Gustafsson	Fredrik	Västerås	246	0:39:09	0:02:37	2:38:59	0:01:22	1:42:00	5:04:06
21	Brovell	Håkan	Stockholmspolisens IF Triathlon	287	0:35:37	0:03:21	2:28:11	0:01:59	1:55:57	5:05:03
22	Thelander	Mattias	Team EKTK	238	0:33:51	0:02:04	2:33:42	0:01:50	1:58:14	5:09:39
23	Pettersson	David	Mora Cykelklubb	224	0:39:40	0:02:29	2:34:01	0:01:30	1:53:08	5:10:46
24	Wahlström	Johann	Västerås	249	0:38:34	0:03:01	2:37:48	0:02:01	1:49:40	5:11:03
25	Ahlepil	Erik	Linköping	218	0:39:22	0:04:28	2:42:08	0:02:06	1:43:33	5:11:36
26	Elmgren	Andreas	IK Fyris/Triathlon	200	0:31:30	0:02:27	2:45:21	0:01:30	1:52:12	5:12:57
27	Block	Kristofer	Block Race Team	178	0:39:25	0:02:08	2:37:46	0:01:36	1:52:21	5:13:14
28	Wallentin	Per	Knowit	214	0:45:28	0:02:50	2:33:11	0:01:54	1:50:34	5:13:56
29	Ljungström	Christian	Kungsörs Sportklubb	216	0:36:49	0:02:20	2:29:51	0:02:16	2:03:04	5:14:17
30	Pettersson	Kenneth	IFK Sala	196	0:37:36	0:02:11	2:41:46	0:01:16	1:52:02	5:14:50
31	Jonsson	Bengt	Västerås Simsällskap	250	0:36:23	0:01:57	2:47:29	0:07:28	1:42:15	5:15:30
32	Molin	Niklas	Stockholm	232	0:44:00	0:03:27	2:43:35	0:02:32	1:43:52	5:17:24
33	Gunnarsson	Reine	Dagdrivarklubben	184	0:36:18	0:02:39	2:39:06	0:01:36	1:59:02	5:18:39
34	Leamon	Howard	Sala	229	0:31:14	0:01:44	2:47:34	0:01:37	1:58:19	5:20:26
35	Larsson	Göran	Stockholm City Triathlon	233	0:38:55	0:03:17	2:40:50	0:01:43	1:56:12	5:20:55
36	Öberg	Mats	Knowit	215	0:45:20	0:02:40	2:42:59	0:05:59	1:45:51	5:22:47
37	Delving	Tobias	Gävle	190	0:33:47	0:04:26	2:50:24	0:01:54	1:52:23	5:22:53
38	Lagrange	Andre	Storvreta IK	235	0:43:34	0:02:46	2:37:48	0:03:14	1:56:38	5:23:58
39	Hugerth	Staffan	Mora Cykelklubb	223	0:32:27	0:03:35	2:34:27	0:01:26	2:12:14	5:24:08
40	Dalemo	Björn	AXA Sports Club	176	0:40:33	0:02:42	2:35:01	0:02:04	2:04:14	5:24:33
41	Kläre	Jan	Askersund Jolleseglare	175	0:34:56	0:02:13	2:49:58	0:01:42	1:58:04	5:26:51
42	Otterbeck	Claes	Örebro AIK	252	0:34:43	0:06:26	2:37:38	0:02:51	2:06:10	5:27:46
43	Tétard	Franck	Uppsala Vasaloppsklubb	243	0:32:32	0:02:39	2:45:21	0:02:04	2:05:13	5:27:47
44	ereiksson	tommy	IFK Sala	193	0:34:13	0:03:30	2:52:33	0:02:01	1:56:14	5:28:29
45	Olausson	Mats	Luleå Triathlon	221	0:33:22	0:01:54	2:43:12	0:02:12	2:08:24	5:29:03
46	Jonsson	Per	Umara Sports Club	241	0:36:54	0:02:50	2:37:51	0:02:12	2:10:21	5:30:06
47	Mattsson	Niklas	Västerås	248	0:43:08	0:03:00	2:44:46	0:03:43	1:57:05	5:31:41
48	Ivarsson	Henrik	Väsby SS Triathlon	245	0:37:48	0:03:01	2:57:02	0:02:30	1:51:48	5:32:08
49	Stach	Anders	Mellanberg/HUDDINGE	222	0:34:31	0:03:34	2:55:38	0:03:31	1:55:35	5:32:46
50	Tüttelmann	Andreas	AXA Sports Club	177	0:43:44	0:03:38	2:50:34	0:02:42	1:52:11	5:32:47
51	Watter	Thomas	Snotrockets Endurance Society	230	0:36:39	0:01:51	2:48:32	0:02:56	2:03:21	5:33:17
52	Linder	Patrik	Oskarshamn	226	0:42:46	0:02:32	2:48:16	0:01:58	1:58:08	5:33:39
53	Larsson	Oscar	Uppsala	242	0:34:10	0:02:14	2:48:05	0:01:57	2:07:18	5:33:42
54	Lavaine	Pierre		260	0:38:30	0:03:53	2:48:45	0:02:39	2:00:46	5:34:32
55	McKeever	Steve		262	0:30:38	0:01:21	2:42:36	0:01:41	2:21:54	5:38:08
56	Eriksson	Jan-Olov	Knowit	204	0:40:12	0:01:50	2:43:50	0:01:37	2:11:07	5:38:34

57	Brundin	Patrik	Stockholm	231	0:34:12	0:03:09	2:47:54	0:01:56	2:13:40	5:40:49	
58	Hallstan	Fredrik	Stockholmspolisens IF Triathlon	234	0:44:23	0:05:23	2:51:21	0:02:51	1:57:26	5:41:22	
59	Boluda Hernández	Pau		254	0:39:53	0:02:44	3:01:54	0:01:47	1:55:22	5:41:38	
60	Jakobsson	Mikael	Knowit	207	0:41:17	0:02:01	2:52:36	0:02:37	2:03:58	5:42:26	
61	Berggren	Johan		253	0:44:13	0:03:56	2:53:44	0:03:08	1:59:16	5:44:16	
62	Birgersson	Tobias	Gävle	189	0:33:46	0:01:18	2:40:58	0:02:15	2:26:54	5:45:09	
63	Jernlöf	Mikael		258	0:44:55	0:04:47	2:51:30	0:02:43	2:03:33	5:47:25	
64	Hultman	Tobias	Coor Sports Club	182	0:34:07	0:05:01	2:51:07	0:03:32	2:15:10	5:48:55	
65	Berglund	Torbjörn	Knowit	203	0:32:30	0:05:13	2:55:17	0:04:11	2:12:23	5:49:32	
66	Thorstensson	Mats	Knowit	213	0:44:33	0:03:51	2:55:44	0:02:19	2:08:41	5:55:06	
67	Edsparr	Henrik	Lonesome Runners	219	0:32:43	0:02:29	2:59:17	0:04:08	2:16:39	5:55:14	
68	Magnusson	Johan	Vaxholm	244	0:43:16	0:04:23	2:54:40	0:02:07	2:14:37	5:59:00	
69	Carlsson	Sune	OK Hällen	225	0:39:51	0:03:15	2:57:04	0:02:16	2:18:19	6:00:43	
70	Sävenborg	Fredrik	Knowit	212	0:42:50	0:03:30	3:01:35	0:02:14	2:11:16	6:01:24	
71	Bäckström	Stefan	Tem Tailor	239	0:41:42	0:03:54	3:02:55	0:02:39	2:13:27	6:04:35	
72	Magnusson	Peter		261	0:44:33	0:05:14	3:10:35	0:05:38	2:01:40	6:07:38	
73	Larsson	Anders	Västerås CK	126	0:41:06	0:02:56	3:12:58	0:02:19	2:09:54	6:09:11	
74	Rooth	Daniel	AXA Sports Club	451	0:55:22	0:03:26	2:55:18	0:01:37	2:20:10	6:15:50	
75	Jansson	Magnus		256	0:32:34	0:04:37	3:00:54	0:06:34	2:38:58	6:23:35	
76	Nord	Fredrik Wennberg	Knowit	210	0:45:20	0:04:28	3:08:08	0:02:40	2:29:15	6:29:49	
77	Stridsberg	Jonas	IFK Sala	197	0:51:13	0:03:00	2:57:13	0:02:37	2:50:42	6:44:42	
78	Kjellberg Lindfors	Samuel		259	0:47:50	0:04:03	3:10:21	0:03:03	2:42:12	6:47:27	
79	Lidenmark	Johan	Knowit	208	0:50:26	0:04:02	3:12:14	0:02:22	2:40:41	6:49:43	
80	Lorentzon	Thomas	Knowit	209	0:40:12	0:03:12	3:06:08	0:03:58	2:56:19	6:49:46	
81	Roxenby	Stefan		266	0:46:13	0:03:27	3:47:55	0:02:12	2:10:53	6:50:39	
82	Holm	Mats	Coor Sports Club	181	0:51:28	0:08:02	3:16:30	0:05:34	2:31:36	6:53:09	
999	Hansson	Pär	Knowit	205	0:28:38						DNF
999	Nilsson Nannini	David		263	0:57:12	0:02:41					DNF

Herrar Medeldistans Senior

1	Bräckvall	Richard	Föreningen Peking Athletes	267	0:26:56	0:01:03	2:12:03	0:00:50	1:26:29	4:07:18	
2	Svanberg	Max	Race & Shine Sports Club	272	0:27:24	0:00:56	2:11:39	0:01:05	1:27:27	4:08:29	
3	Fagerström	Magnus	IF Mantra Sport	269	0:28:34	0:02:43	2:03:02	0:01:07	1:33:35	4:09:00	
4	Robertsson	Fredrik	Terrible Tuesdays Triathlon Club	274	0:27:15	0:01:14	2:13:50	0:00:39	1:27:57	4:10:53	
5	Lundgren Frydenlund	Jeff	Umara Sports Club	275	0:26:49	0:00:56	2:14:56	0:00:54	1:41:29	4:25:02	
6	Westerfors	Erik	Umara Sports Club	276	0:34:26	0:01:40	2:22:16	0:02:19	1:31:08	4:31:48	
7	Dahlman	Björn	IF Mantra Sport	268	0:32:47	0:01:36	2:26:09	0:01:21	1:33:40	4:35:30	
8	Skoglund	Alexander	IK NocOut.se	271	0:39:38	0:03:12	2:31:03	0:01:38	1:36:48	4:52:17	
9	Lundberg	William	Väsby SS Triathlon	277	0:37:51	0:02:20	2:39:27	0:01:44	1:57:37	5:18:57	
999	Dansk	Emil	Terrible Tuesdays Triathlon Club	273	0:25:28	0:00:59	2:37:51	0:01:44			DNF

 [Tillbaka](#)